

Case study: Jennifer, 76

Jennifer was recently diagnosed with Parkinson's, which has led to her losing independence. Previously, she had been an organised person with an active social life who enjoyed playing Bridge.

Now, Jennifer has had to give up Bridge and often finds it hard to remember things. She worries that she will forget to order her prescriptions or go to GP appointments.

Living alone and with no family close by, Jennifer is also concerned about losing touch with people now that she is less able to get around.

Because Jennifer's condition is long-term, she knows that it is likely to change. She wants to understand her condition better and know what to expect as symptoms develop.

Jennifer has limited digital skills. She has a mobile phone and an old laptop, but has never used them to access the internet.

