

## Entry level resources

Learn My Way is a great way for people to build their confidence and digital skills.

The resources listed below include websites and services that you can trust to help build upon the basics, helping people learn even more.

### Using your device

- [Draw a Stick Man](#)
- [Making your device easier to use \(Age UK\)](#)

### Starting to use the internet

- [Ten top tips for using the internet \(Digital Unite\)](#)
- [Find your local council \(GOV.UK\)](#)

### Safety and security online

- [Free Antivirus Software \(Money Saving Expert\)](#)
- [Get Safe Online](#)
- [Helping parents keep their children safe online \(Internet Matters\)](#)
- [Staying safe online \(Age UK\)](#)

### Using email

- [Digital Unite Email Guides](#)
- [Get started with Gmail \(Google\)](#)
- [Email essentials \(Age UK\)](#)
- [Outlook training \(Microsoft\)](#)

### Office programs

- [Microsoft Office training \(Microsoft\)](#)

### Staying in touch

- [Using FaceTime \(Apple\)](#)
- [Keeping in touch using a video call \(Age UK\)](#)
- [Step-by-step guide: How to video call your family \(BBC\)](#)

## Spending money online

- [Smart shopping online \(Age UK\)](#)
- [Shop safely online \(Lloyds Bank\)](#)
- [Shopping and paying safely online \(Money Helper\)](#)

## Online entertainment

- [BBC iPlayer](#)
- [Channel 4](#)
- [ITVX](#)
- [5](#)
- [BBC Sounds](#)

## Finding a job online

- [Find a job](#)
- [National Careers Service](#)
- [Find an apprenticeship \(GOV.UK\)](#)
- [Skills assessment \(National Careers Service\)](#)

## Managing your health online

- [Find services near you \(NHS\)](#)
- [Services Near You \(NHS 111 Wales\)](#)
- [Scotland's Service Directory \(NHS inform\)](#)
- [Health services \(nidirect\)](#)
- [Care Opinion](#)

## Managing your money online

- [Universal Credit \(GOV.UK\)](#)
- [Citizens Advice](#)
- [Help for low income households \(Quids in!\)](#)
- [Budget Planner \(Money Helper\)](#)